



GRAIN

Breakfast

Fresh organic fruit (48)

Bowl for 1 person. (v) (g)

Mango Bowl (72)

Served with chia seeds, rolled oats and almonds. (v) (g*)

Smoothie Bowl (79)

(Choose from Pitaya, Mango & Pineapple OR Banana & Kiwi OR Avocado, Banana and Kale) your choice of local frozen fruits blended with coconut water and topped with freshly sliced tropical fruits, goji berries, grated coconut, pepita seeds, granola, and served with honey on the side.

ADD Chia to your smoothie bowl! Just ask our friendly staff. (g*)

Organic fruit and granola glass (66)

Layered with shaved coconut, yoghurt and java honey. (v) (g*)

Toast (40)

With your choice of sliced tomato OR peanut butter and jam.

Asian Style Omelette (79)

Sauteed shitake mushroom, smoked salmon with blanched green beans, kacang kapri, garlic and ginger topped with an Asian slaw and a light vietnamese dressing. (g)

Smashed Avocado (85)

On sourdough, served with semi dried tomatoes, house marinated feta, shaved Spanish onion, sweet basil and rocket salad. (v) (g*)

Warm Green Breakfast Bowl (79)

Warm salad of quinoa, garlic, almonds, kale, haloumi, topped --with a pan fried soft boiled egg. (g*)

Bubur Ayam (69)

Indonesian breakfast rice porridge with leek, garlic, ayam sinit, rice, soft boil egg and bawang goreng. (g*)

Banana on toast (68)

With peanut butter, fresh local organic banana, cinnamon infused ricotta, and honey. (v) (g*)

Farm eggs any style (58)

Served with Farmers thick cut grain toast or sourdough with butter, free range eggs, any way you like. Choose from a selection of sides below. (v) add smashed avocado (20).

Big breakfast (109)

2 eggs any style, bacon, sausage, baked beans, rosti, warmed tomato, mushroom, spinach and sourdough toast served with a watermelon and mint shooter.

Breakfast sliders (77)

Brioche slider buns with grilled salami, pork sausages, fried egg, rosti soldiers, with BBQ sauce and aioli.

Breakfast burrito (88)

Red kidney beans and chilli salsa, bacon, scrambled egg, cheddar cheese, avocado, lettuce and a side of tomato salsa.

Bali benedict (95)

Toasted English style muffins layered with, swiss cheese, wilted spinach, two poached eggs and house made hollandaise sauce. Choose from Tasmanian smoked salmon (95) or ham (89). (g*)

Carrot and beetroot hash (85)

served with three poached eggs and picked fresh basil. (v) (g)

Bacon and Egg Banh Mi (78)

Vietnamese style baquette with bacon and scramble eggs, pickled cucumber, beansprouts, aioli, coriander and slice lombok besar.

GRAIN croissant (79)

Stuffed with poached eggs, seasoned tomato, basil, Swiss cheese, shaved leg ham & an avocado fan.

Breakfast board (95)

An assortment of poached eggs, avocado, marinated feta, seasoned tomato, bacon, marinated olives pesto, sourdough, rosti. (g*)

Sides

Pork Bacon (20)

Sauteed Mushrooms (20)

Beef Bacon (25)

Sauteed spinach (20)

Pork Sausages (25)

Gluted free toast (20)

Rosti (20)

Egg (15)